



9/30/2011



SENIOR RESOURCES INFO

Hours

Monday — Friday
8 a.m. — 4:30 p.m.

Phone

563-263-7292
888-667-2026

Fax

563-263-7257

Email

info@sr-resources.org

Website

www.muscatineniorresources.com

Facebook

www.facebook.com/srmuscatine

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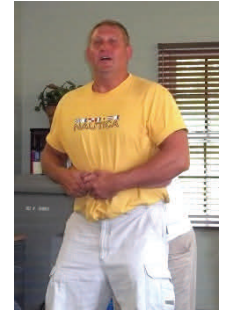
Sharon Hahn

Barry Pence

Thank You to HNI Corporation

Thanks to a \$2,000 donation from **HNI Corporation** and its employees, Senior Resources has started the HNI Safety Initiative. The donation allowed 15 of our staff members to become CPR certified. The remaining funds will be earmarked for the future purchase of an Automated External Defibrillator for our agency. A big thank you to HNI and its employees!

The CPR training was given by Ted Hillard of Hillard Safety Consulting (shown in picture at right).



Hometown Hundreds



Thank you to **Central State Bank** and **Radio-AM 860 KWPC** for the \$100 donation from the Hometown Hundreds program. It's the generosity of business like these that allows Senior Resources to continue to serve Seniors and their caregivers in Muscatine County.

Thanks also to our employee, Jan Hillman, for entering our name in the contest!

United Way Day of Caring **LIVE UNITED**™

On September 21, Senior Resources' staff (Angela Freyermuth, Teresa Sprague, Angela Guck, Anita Valenzuela, Diane McCleary & Therese Finney) volunteered time for the Day of Caring at the **Flickinger Learning Center**. We organized approximately \$10,000 worth of books, painted a bathroom, organized art supplies and organized closets.



Thanks to **Fareway** for donating the use of their Rug Doctors for our Day of Caring project. We had a team from **Muscatine Foods** that cleaned the carpets at Hershey Manor and a team from Monsanto cleaned the carpets at Senior Resources. The Monsanto team also moved items stored in one of our offices to the basement. Thanks also to **Menasha** for donating boxes to help us store items in the basement.

Thank you to all the volunteers who worked at our Seniors' homes on the Day of Caring! We had teams from **Monsanto, Bridgestone, Muscatine Community College, Muscatine Foods, Muscatine Community School District (Elementary Teachers), Musco and Zachary**. There were approximately 60 volunteers helping out. Thank you also to our Home Repair Specialist, Bob, who supervised all the volunteers in our building and at Hershey Manor.

THANKS TO EVERYONE WHO HELPED MAKE THE DAY OF CARING A GREAT SUCCESS!

Thank you to everyone who donated to our "Hats Off to Seniors" fundraiser in May. Thanks to your generosity, we raised over \$2,000.

Ask about
a FREE
visit day.

Food Drive

We would like to extend a HUGE thank you to all who participated in the food drive for Muscatine food pantry. The Salvation Army Captain (Kim) was presented with the food collected from our agency and community.



The total count came to 461 pounds of food. This was a very generous, thoughtful and very much appreciated donation. We look forward to next year's food drive.

Mystery Guest

The Senior Resources Adult Day center has introduced a new program called Mystery Guest.

Once a month an anonymous guest is invited and the participants ask this person questions trying to guess what profession they are in, after so many questions and guesses the guest reveals (if not already guessed) what profession they are from. The guest then holds a program for the participants.

June's guest was a pastry chef. Jackie Horton demonstrated how to professionally decorate cakes. Yum! If you would like to be a Mystery Guest, please contact Therese Finney, at (563) 263-7292.



Volunteer Spotlight

Carolyn Kemper has been coming to Senior Resources Adult Day Center for over ten years. She comes once a month to play the piano.

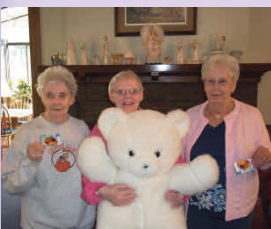
Our volunteers are a vital part of Senior Resources' success. If you would like to volunteer in Adult Day, please contact Therese Finney, at (563) 263-7292.



Bear Tracking

Senior Resources' Adult Day Center held a program called Bear Tracking. The clients recorded their steps for the months of July and August.

Pictured are the winners. Center-1st place Ruth Bridges who walked over 25,000 steps, Right-2nd place Evelyn Burns who walked over 19,000 steps, Left-3rd Place Shirley Paetz who walked over 9,000 steps. They received gift cards to Wal-Mart to reward their efforts.



Adult Day Week

The Adult Day Center celebrated Adult Day Week from September 19-23. The theme was "Caring for Seniors Every Day!".

On Monday, Mayor Dick O'Brien presented Senior Resources with a proclamation to start the week off. Monday afternoon, the Country Panhandlers Band entertained our participants.

Some other activities for the week included a piano recital by Genice Reed, a potluck at Musserville Church and a Christian music performance by The Martin's.

Thank you to all of our guests for making this week so enjoyable!



Medicare Open Enrollment Dates Moved Up
The Medicare Part D open enrollment period is October 15 -
December 7. Call Teresa Sprague at (563) 263-7292 to set up an
appointment with one of our SHIP counselors.

Town Hall Meetings

During August and September, Senior Resources, Inc., invited senior citizens and those invested in providing care for seniors to a series of town hall meetings. The purpose of these meetings was to find out what Seniors believed to be the issues impacting their lives and the quality of life that they have. As of this writing, we have had 5 such meetings, with the sixth and final meeting scheduled at Fruitland on September 28, 2011.

The information provided by Seniors has been generally positive. Seniors at all meetings indicated that they felt safe within their homes. Building managers and tenants have done a good job making sure that safety protocols are followed, and that no one is allowed within their buildings who do not belong. The Police Department has also done a good job ensuring that seniors residing in senior housing are safe and free from the issues that plaque the elderly in other communities.

Some Seniors present have expressed a need for greater interaction between residents at senior housing sites. Budget cuts have forced providers in the community to reduce activities, and staff to facilitate activities, at both senior housing sites and in the general community. We would like to encourage residents at senior housing sites, as well as Seniors residing within homes community wide, to voice their opinions about activities for senior citizens within Muscatine County. Specifically, what activities would you participate in if they were offered? In order to begin to develop an activities program, we have to know what would be attractive and interesting enough to draw enough seniors in to be plausible?

The other issue voiced by seniors was participation at meal sites. Meal site availability is dictated in part by Senior participation. In other words, the more Seniors that attend a meal site, the more days it can be open. As we prepare to brace for more and more budget cuts in the upcoming year, it's very important that we maintain and improve upon the number of seniors who attend these meal sites. Even if it is only one day a week, your attendance can make all the difference in the world in terms of the amount of funding that these meal sites receive. We encourage all Seniors within Muscatine County to set a goal of attending a meal site at least once a week to help support this outstanding program.

As we go forward, I would like to invite all Seniors within the county to become more and more involved with our agency, and the services we provide. I would also like to challenge Seniors within the community to make their voices heard to those who govern, lead and oversee the funding for programs so vital to the health and well-being of Seniors within our community. The only way to ensure that Seniors are well cared for tomorrow, is to speak up today!

Todd Poci, Executive Director

Financial Exploitation

Financial abuse and exploitation can rob a senior of pride, trust, and means of subsistence. Although financial exploitation does not leave physical scars, it is a serious and shameful crime. If you or your elderly relative has been a victim of financial abuse, we would like to be of assistance.

Resources:

Abuse in the Community

DHS: 800-362-2178

Abuse in Facilities or Programs

DIA: 877-686-0027

Medicaid Fraud

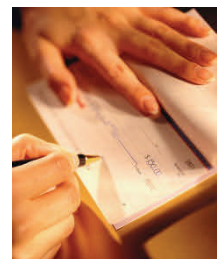
DIA: 515-281-4291

Information on Elder Abuse

IDA: 800-532-3213

General Help and Info

Senior Resources 563-263-7292



Our Mission

Senior Resources' mission is to promote and provide programs to enhance the quality of life of our 60+ seniors in Muscatine County.

Services provided by Senior Resources are fully funded, or funded in part by:

- ◆ Federal Older Americans Act and the State of Iowa Elderly Service Program (administered by the Iowa Department of Elder Affairs and Generations Area Agency on Aging)
- ◆ The Iowa Department of Health
- ◆ Muscatine County
- ◆ The cities of Muscatine and West Liberty
- ◆ The United Way of Muscatine, West Liberty, Wilton, Atalissa, and the Quad Cities
- ◆ Donations
- ◆ Fundraisers



Senior Resources is hosting a "Start Somewhere Walk" on October 7 at noon.

We will be walking from our building at 1808 Mulberry to the Muscatine School Board at 2900 Mulberry Avenue and back to our building.

Questions? Call Senior Resources (563) 263-7292.

The Start Somewhere Walk is part of the Healthiest State Initiative. For more information, visit:

www.iowahealthieststate.com

Senior Resources will be at the Iowa Latino Conference at the Muscatine High School on October 28 & 29. To register, visit: www.iowalatinconference.org.

Senior Resources will be closed:
November 24 & 25 - Thanksgiving
December 23 & 26 - Christmas

Christmas Basket Program

Senior Resources' Christmas Basket Program will be providing over 180 Christmas Baskets to Seniors this holiday season. Our program is for 60+, low-income Seniors who have no family members to spend time with at Christmas.



Senior Resources is currently looking for businesses, families and individuals to sponsor the Seniors. You may sponsor a Senior by providing items on their "wish list" or donating the items that the agency will distribute. Some of the items that go into a basket include shampoo, toilet paper, paper towels, household items, cleaning supplies, socks, coats and stamps. Cash donations are also accepted.

If you would like to become a sponsor please call Angela Freyermuth at 563-263-7292.

No donation is too small.

Senior Resources proudly provides excellent service to Muscatine County seniors. You can help us better serve our community by donating your time or money. Many of our programs depend on volunteers. All gifts are tax deductible to the extent provided by law.

Please accept my tax deductible gift of \$_____

Please make checks payable to: Senior Resources, 1808 Mulberry Ave., Muscatine, IA 52761

Name _____

Address _____

Phone _____ Email _____

Thank you for your support!

Please help us keep our costs down. If you would like to be removed from our mailing list, please contact us Senior Resources (563) 263-7292 or by email at info@sr-resources.org.