

SENIOR RESOURCES INFO**Hours**

Monday — Friday

8 a.m. — 4:30 p.m.

Phone

563-263-7292

888-667-2026

Fax

563-263-7257

Email

info@sr-resources.org

Website

muscatineseniorresources.com

Facebook

facebook.com/srmuscatine

Board Member Changes

Senior Resources would like to thank Diana Gradert and Neva Baker for serving on our Board of Directors for the past six years. We wish them well.

Senior Resources would like to welcome Kim Sojka, Scott Brooke and Michelle Hutton to our Board of Directors. We look forward to working with you.



Neva Baker &
Diana Gradert

Thank You HON Headquarters

A big thank you to **HON Headquarters** and its employees for their generous Jeans Day donation.

BOARD OF DIRECTORS

Jane Hayes,
President

Harvey Allbee Jr.,
Vice President

Horacio Lee,
Treasurer

Anne Carroll,
Secretary

Sharon Hahn

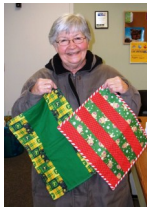
Barry Pence

Michelle Hutton

Kim Sojka

Scott Brooke

Thank You Muscatine Melon Patchers Quilt Guild



Thank you to the **Muscatine Melon Patchers Quilt Guild** for their donation of 96 placemats. The placemats were delivered to our Meals on Wheels clients. Pictured is Cille Stacer.

Thank You Muscatine Board of Realtors®



Thank you to the **Muscatine Board of Realtors®** for their generous donation. Pictured from left to right: Teresa Sprague, Diane McCleary, Todd Poci, Darrin Huggins, Geri Stuart & Angela Freyermuth.

Healthiest State Initiative



As part of the Healthiest State Initiative, Senior Resources held a 1k walk on October 7. Over 291,000 Iowans broke a record by walking one kilometer together as a state. Visit www.iowahealthieststate.com to learn how you can help Iowa become the healthiest state.





Doris & Dave Watson

National Caregivers Month

November is National Caregivers Month. To celebrate, our Adult Day Center hosted a reception for Seniors, dependent adults and their caregivers. Entertainment was provided by the Country Panhandlers and lite refreshments were served. This was our way of thanking the caregivers for all they do.



Adult Day's Volunteer of the Month

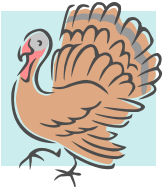
Roberta Eichelberger was presented with a Volunteer of the Month award. Roberta holds a program called "Sole Mates" which involves giving the participants foot massages and taking care of their nails. Roberta has been coming to the Adult Day Center every week for more than five years.



Breast Cancer Awareness

In October, the Adult Day participants made Breast Cancer Awareness Bracelets and presented them to Angie and Tric from Muscatine Radiology. The bracelets will be given to their patients.

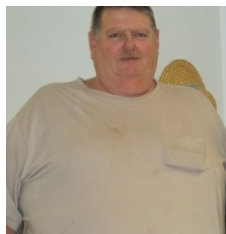
Annual Turkey Shoot



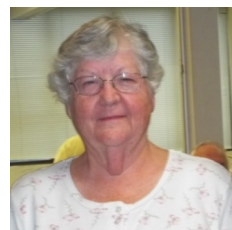
This year we had 74 participants compete in our Annual Turkey Shoot. Each participant received a gift. The top three winners went on to compete at the Grand Turkey Shoot on November 22 at the Clark House Meal Site. The top three overall winners received gift cards and are pictured below. The traveling trophy will be kept at the Towers GenAge Café until next year.



1st Place Estafana
(Left) & Friend Correne



2nd Place Randy



3rd Place Ruby

Senior Health Insurance Information Program



This year SHIIP volunteers, Rose Harper, Marcia Biklen and Kay Brunk assisted approximately 199 clients during the 2011 Medicare Open Enrollment program. Mark your calendar for next year's open enrollment dates of October 15 - December 7.

Reminder

If the Muscatine Schools are cancelled because of snow, Senior Resources' offices, the Adult Day Center and the GenAge Cafés will be closed. Also, Meals on Wheels will not be delivered.

Meals on Wheels Volunteers Needed

We are now in the winter cold and busy time of the year. If you would like to warm your heart and take a break from all the shopping and hustle and bustle of the holidays, please consider delivering meals on wheels to area Seniors in need of a hot, nutritious meal and your friendly smile! It is a very worthwhile activity and what a great way to give back to your community than to give a little time to a Senior in need. This is a great opportunity for retired folks or for area businesses that need a good team building activity for their employees.



Delivering Meals on Wheels just twice a month or once a week, whatever works into your schedule, can be very rewarding for you as well as the Senior. Most volunteers say they get more out of delivering meals on wheels than the Senior they deliver to as it is a great feeling to help someone out and have fun doing it! Some people like to deliver with a friend or spouse, others like to go alone. Meals are delivered Monday thru Friday between the hours of 11:00 and 12:30. We also have two routes that are delivered on Saturday morning. If you would like more information or to sign up to deliver meals, please contact Diane at 563-263-7292 or email at dianemccleary@sr-resources.org. Please consider this much needed service; it is only with the help of wonderful volunteers that we can keep this service going.

Welcome Kenny Ordway



We would like to welcome our new Home Repair Specialist, **Kenny Ordway**. Kenny is from the Wilton area. Kenny has a wife, DuAnn, and a daughter, Kimberly. Kenny enjoys hunting, fishing, spending time with family and watching NASCAR.

Give him a call today at 563-263-7292 to discuss your home repair needs.

Our Mission

Senior Resources' mission is to promote and provide programs to enhance the quality of life of our 60+ seniors in Muscatine County.

Services provided by Senior Resources are fully funded, or funded in part by:

- ◆ Federal Older Americans Act and the State of Iowa Elderly Service Program (administered by the Iowa Department of Elder Affairs and Generations Area Agency on Aging)
- ◆ The Iowa Department of Health
- ◆ Muscatine County
- ◆ The cities of Muscatine and West Liberty
- ◆ The United Way of Muscatine, West Liberty, Wilton, Atalissa, and the Quad Cities
- ◆ Donations
- ◆ Fundraisers



Senior Resources would like to thank all of the sponsors who made our Christmas Basket Program a success! Thanks to your generosity, 211 baskets were given to Seniors in Muscatine County.



Avenue Subs
 Alice Wedekind
 Bridgestone HR Department
 Carla & Derry McGuire
 Carver Pump Company & Employees
 Community Bank
 Dave & Carolyn Verwers
 Doug, Beth, Quinn, & Maura Chalupa
 Dr. Melinda Hintermeister
 Dudley & Kathy Coker
 Employees of CDS Global
 Employees of Central State Bank
 Employees of Community Bank
 Employees of First National Bank
 Employees of Muscatine Power and Water
 Employees of Musco
 Faith United Church
 Floyd Smith
 Gina & Dave Harper
 Grandparents Raising Grandchildren Group YMCA
 Hazel Green Crystal Tea Room
 High Prairie United Methodist Women
 HNI
 Hy Vee Food Store
 Jan Henderson
 Karen Hintermeister
 Kevin & Michelle McCullough & Family
 Lee & Lisa Elder
 Linda & Bob Dean
 MHS Vocal Music Department

Missipi Brew
 MCSD Administration Center Staff
 Muscatine Foods
 Plasticraft
 Raymond-Muscatine, Inc.
 Rick's Automotive
 Ron & Kay Brunk
 Ruhl & Ruhl Realtors
 Seekers of the Holy Spirit Group: Ss Mary & Mathias Church
 Shannon, Chale, & Elsie Lewis
 S.E.E. Club of Letts
 Ss. Mary & Mathias Church
 SSAB
 Stanley Consultants
 Subway: Fruitland, Muscatine, West Liberty
 Surgery Department Trinity Muscatine
 Tan Tara Transportation Corporation
 The Lionel Richie Fan Club
 Thomas L. Lambert, P.C.
 Troop 9567 2nd Grade Brownies: Ss. Mary & Mathias Church
 Touched By Faith Bible Study Group: Ss. Mary & Mathias Church
 Trinity Episcopal Church
 Vickie Smith
 Wesley United Methodist Church
 West Liberty Foods
 White Distribution & Supply

Senior Resources will be closed January 2 for the New Year's Holiday

Senior Resources proudly provides excellent service to Muscatine County Seniors. You can help us better serve our community by donating your time or money. Many of our programs depend on volunteers.

Please accept my tax deductible gift of \$_____

I am interested in volunteering. Yes No

Donate online: www.muscatineseniorresources.com/donate



Please make checks payable to: Senior Resources ~ 1808 Mulberry Avenue ~ Muscatine, IA 52761

Name: _____

Address: _____

Phone: _____ Email: _____

THANK YOU FOR YOUR SUPPORT!

All gifts are tax deductible to the extent provided by law.