

March 31, 2015

**Senior Resources Info**

**Hours**

Monday - Friday  
8 a.m. - 4:30 p.m.

**Phone**

563-263-7292  
888-667-2026

**Fax**

563-263-7257

**Email**

info@sr-resources.org

**Website**

muscatineseniorresources.com

**Facebook**

facebook.com/srmuscatine

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# The Source

Find us here:



## Join Us



Senior Resources will be holding a fundraiser on May 9. We will be having a bags (Cornhole) tournament and a barbeque contest. The bags tournament starts at 10 a.m. and the sampling for the

barbeque contest starts at noon.

The fundraiser will be located at Discovery Park, 3300 Cedar St., Muscatine, IA 52761. For a registration form for either contest, contact: Todd Poci at (563) 263-7292 or email us at [info@sr-resources.org](mailto:info@sr-resources.org). You can also register at: <https://muscatineseniorresources.com/picnic>



## March for Meals

Shown below are former State Rep. Mark Lofgren and Mayor DeWayne Hopkins checking the meals in their bags before they head out to deliver Meals on Wheels. Community Champions week, which is part of Meals on Wheels America's March for Meals campaign, is to help raise awareness of senior hunger in America and to show support for area Meals on Wheels programs.

Former State Rep. Mark Lofgren and Mayor DeWayne Hopkins

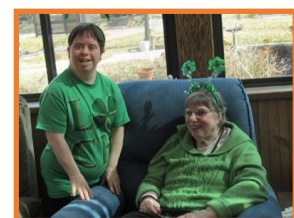
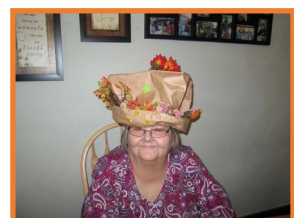


Mayor DeWayne Hopkins is shown delivering a meal to Les Nesbit.



Mayor Dewayne Hopkins is shown delivering a meal to Rosemary Anderson.





## Adult Day Happenings

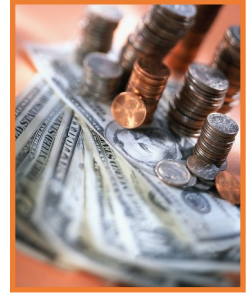
- ◆ The New Year 2015 was brought in with a celebration of games, appetizers and sparkling grape cider, party hats and a photo booth, which brought many smiles and laughs
- ◆ In January, we had a Crazy Hat day, and the participants made and wore their hats and this was placed on Facebook and they were voted on. First place was Lois Parker, second place was Joyce Butler.
- ◆ A field trip was taken to Pearl City Plaza to help with our Cabin Fever Blues. A delicious sweet treat was enjoyed at Elly's Tea House. We browsed in the shops at the plaza; it made this a fun filled afternoon.
- ◆ The participants made homemade cat treats, then we had a cat program called the "Purr-fect program. Games and trivia were played and all were in reference to cats.
- ◆ A Valentine's Day Party was held. We played special games and had treats.
- ◆ A Chinese New year party was held on February 19th. We played party games and Chinese appetizers were served. Some short clips were shown on television of Chinese New Year celebrations and parade. Customs and beliefs were shared with the group.
- ◆ The participants were taken to the Rose Bowl for an afternoon of bowling.
- ◆ Foot Clinics were done by Trinity Nursing for all participants that were interested in having their nails clipped and feet massaged.
- ◆ A once a month project is hosting the giving of snack bags for the after school program at Flickinger Center. The participants design the paper bags and small treats are placed in them and delivered. This gives a feeling of well-being that the participants are actively engaged in helping the others in the community.
- ◆ A Winter is over and Spring has Sprung party was held. We awarded participants who walked the longest distance in the winter walking program and other games.
- ◆ We celebrated St. Patrick's Day with special treats, games and prizes.
- ◆ A new game was introduced by Deb K. called Memory Lane. We answered questions about past events done here at the center. This was a big hit and conversations were inspired.
- ◆ A slide show presentation of New York City and Pennsylvania was shown in February.
- ◆ Sue Phillips won our Winter Walking Program. She walked 2,400 laps. Congratulations Sue!

## Property Tax and Rent Reimbursement Credits

Senior Resources will assist with Property Tax and Rent Reimbursement forms again this year. To qualify for this program you must be 65 or older, or totally disabled and 18 or older.

Income limits apply. Household income includes social security, wages, pension and interest income. If you receive in-kind assistance or title 19 benefits they would also be included as income.

The deadline to submit the request is June 30, 2014. If you would like assistance filling out a form or if you have questions, please contact Laura at (563) 263-7292.



## Chore Workers Needed

Senior Resources is looking for dependable, hardworking Chore workers to provide lawn care services for Seniors in Muscatine County. Must be 16 years of age or older & be able to pass a background check. Worker must have own equipment. The position pays \$10 per hour.

Applications can be picked up at 1808 Mulberry Avenue, Muscatine. Contact Angela for more information. 563-263-7292 or [angelaguck@sr-resources.org](mailto:angelaguck@sr-resources.org).

***Positions open immediately!***



## Thank You Volunteers

Thank goodness Spring is just around the corner! What a challenging winter we have had! We want to say a big THANK YOU to all the Meals on Wheels volunteer drivers who braved the bad roads, bone chilling temps and just plain bad weather to get a hot meal delivered to our seniors in-need this winter. We couldn't keep this wonderful program going without them.

We will be holding our annual Volunteer Celebration open house in April for all our wonderful volunteers who give of their time and talents to help make Senior Resources what it is today. Invites will be sent out soon.

A special thank you to our Monsanto Meals on Wheels volunteers. Because of their efforts, Monsanto together has made a very generous donation to the Meals on Wheels program.

We are still in need of more volunteers to help deliver Meals on Wheels. If you are interested and would like more information, please call or email Diane at 263-7292 or [DianeMcCleary@sr-resources.org](mailto:DianeMcCleary@sr-resources.org).

**Our volunteers ROCK!**

Dedicated to Seniors ~ Committed to Caring

*Our Mission*

Senior Resources' mission is to promote and provide programs to enhance the quality of life of our 60+ seniors in Muscatine County.

**Services provided by Senior Resources are fully funded, or funded in part by:**

- ◆ The Iowa Department of Health
- ◆ Muscatine County
- ◆ The cities of Muscatine and West Liberty
- ◆ The United Way of Muscatine, West Liberty, Wilton, Atalissa and the Quad Cities
- ◆ Donations
- ◆ Fundraisers

***Dates to Remember***

*May 9, 2015-Pearl City Picnic*  
*May 25, 2015-Memorial Day*

Senior Resources' office & the Adult Day Center will be closed on Memorial Day, however, Meals on Wheels will be delivered.



Shepley Building  
1808 Mulberry Avenue  
Muscatine, IA 52761  
Phone: 563-263-7292  
Fax: 563-263-7257  
E-mail: info@sr-resources.org

**COUPON**

One (1) Hour of Home Repair Service FREE\*\*  
\*\*Customer must be age 60 or older. Seniors are required to pay for all materials needed to complete the repairs. Coupon good for **new** Home Repair customers only.

**COUPON**

Our Adult Day Center has a **FREE** visit day!  
Call to schedule your visit today and check out all that our center has to offer.  
Phone (563) 263-7292

Senior Resources proudly provides excellent service to Muscatine County Seniors. You can help us better serve our community by donating your time or money. Many of our programs depend on volunteers. I am interested in volunteering.  Yes  No

Please accept my tax deductible gift of \$\_\_\_\_\_

Donate online: [www.muscatineseniorresources.com/donate](http://www.muscatineseniorresources.com/donate)

**Please make checks payable to: Senior Resources ~ 1808 Mulberry Avenue ~ Muscatine, IA 52761**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**THANK YOU FOR YOUR SUPPORT!**

All gifts are tax deductible to the extent provided by law.